

Trauma-informed practice in schools: An explainer

Discussion guide

Centre for Education Statistics and Evaluation

Purpose

This document has been created to support principals, executive, teachers and school staff to unpack and reflect on CESE's Trauma-informed practice in schools explainer, and to explore implications for their schools.

Questions

These questions are designed to facilitate reflection on and discussion of CESE's publication Trauma-informed practice in schools: An explainer.

- 1. What are the main points being made in this publication? What stood out to you?
- 2. Which main points are most relevant in your school context?
- 3. Can you think of a time when a student has acted in a way that may indicate they have been impacted by trauma? What did you do? What worked well, and what, if anything, would you do differently now?
- 4. What strategies, policies or practices are currently in place at your school or in your classroom that use a trauma-informed practice approach?
- 5. What other strategies, policies or practices could be put in place at your school or in your classroom that could support a trauma-informed practice approach?
- 6. What action is needed as a next step to implementing or strengthening trauma-informed practice at your school? Who should be involved?

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