



Indero n'ubumenyi vyo gukingira abana Ivyo abavyeyi n'abarezi bakwiye kumenya

Izina ry'ishuri
Name of school

Imyaka bagezemwo
Participating Year/s

Igitigiri c'ivyigwa biga mw'iyinga
Number of lessons per week

Umuntu wo kw'ishuri bashobora kuvugana
School contact person

Telefone z'uwo muntu
Contact telephone number

Banyakwubahwa bavyeyi n'abarezi

Uyu mwaka abanyeshuri bo mu myaka yerekanywe aho hejuru bazogira uruhara mu cirwa ntahara citwa ugutera imbere ku giti c'umuntu, amagara hamwe n'imyimenyerezo yo ku mubiri (Personal Development, Health and Physical Education (PDHPE)).

Bimwe mu bigize gahunda y'ishuri ryacu muri PDHPE harimwo icirwa ntahara citwa ugutera imbere ku giti c'umuntu, amagara hamwe n'imyimenyerezo yo ku mubiri. Bimwe mu bigize ivyigishwa mu ndero n'ubumenyi vyo gukingira abana harimwo ibintu bihambaye. Ishuri rizokwigisha ivyo bintu mu buryo abana b'iyoye myaka babitahura.

Ivyo bintu kanaka bidasanze bizokwigishwa mu ndero y'ubumenyi vy'ugukingira abana birerekanwa ku rukaratazi rukurikira.

Ku zindi nkuru zirengeye izi ku vyerekeranye n'indero n'ubumenyi vy'ugukingira abana ja kuri [Child protection and respectful relationships education](#) (indero n'ubumenyi vy'ugukingira abana n'imigenderanire yubashwe) ikigabane c'igisata c'indero ku buhinga ngurukanabumenyi bwa PDHPE.

Igitigiri c'ivyigwa kw'iyinga muri iki giceaho indero n'ubumenyi vyo gukingira abana bizigishwa cerekanywe aho hejuru.

Nimba ukeneye izindi nkuru zirengeye izi, usabwe kurondera umuntu bacako kuri iyo shuri, amazina yiwe n'inomero ziwe vyerekanywe aho hejuru.

Ibikorwa vyo gusobanura mu zindi ndimi

Nimba ukeneye umusobanuzi wo kugufasha gushikira ishuri, usabwe guhamagara kuri telefone y'ibikorwa vyo gusobanura kuri 13 14 50 kandi uce usaba umusobanuzi mu rurimi rwawe. Uwuri ku mashini azoca ahamagara kw'ishuri maze ahabwe umusobanuzi ku murongo kugira ngo agufashe muri ico kiganiro. Ntuzorihishwa amahera kuri ivyo bikorwa vy'uwagusobanuriye.

Uwanyu

Umuyobozi (Principal)

Mu bigize ibizokwigwa mu ndero n'ubumenyi vyo gukingira abana harimwo:

The content which will be covered in child protection education includes:

(Staff to tick the relevant boxes below for Stage 2 content.)

Uburenganzira n'ivyo bategerezwa gukora
Rights and responsibilities

Uburenganzira n'ivyo bategerezwa gukora mu migenderanire
Rights and responsibilities in relationships

Ibigumbagumba n'ibimenyetso vy'imburi mu bihe bitandukanye
Emotions and warning signs in different situations

Ububasha mu migenderanire
Power in relationships

Ibihimba vy'umubiri vy'abahungu n'abakobwa n'ibihindagurika
mu mubiri iyo bageze mu myaka y'ubuyabaga
Male and female body parts and puberty related changes

Imigenderanire myiza n'inani zo gushigikira iyo migenderanire kugira
ngo iryo hindagurika mu mibiri ntiribagore
Positive relationships and support networks to manage change

Ibipfa kuvugwa ku bitsina n'ivyitezwe
Gender stereotypes and expectations

Uburyo abantu bashobora kugirirwamwo nabi
Types of abuse

Ingeso z'ukunyuzura n'uburyo bwo gusaba kugarukirwa
Bullying behaviour and strategies to ask for help

Kumenya no kugira ico ukoze ku bihe vy'amahoro no ku bihe bitera ingorane
Recognising and responding to safe and unsafe situations

Ivyo umuntu yokora kugira ngo agume mu mutekano no gusaba gufashwa
Strategies to stay safe and ask for help

Kuvugana no gukorana n'abandi mu buryo bw'ukwubahana
Communicating and cooperating with others in a respectful way

Gufata ingingo nziza kandi uzi igituma uzifashe
Making informed and safe decisions