

Tailoring health and wellbeing approaches at your school

10 key principles underpin all successful health and wellbeing approaches

Principle 1

Student voice

Perspectives and opinions of students are valued and acted on, genuinely shaping health and wellbeing approaches



Principle 2

Whole school approach

Embedded universal strategies strengthen capacity to recognise and respond to students' needs



Principle 3

Linked to school planning

Strategic and planned approach describes the connection between students' health and wellbeing and learning outcomes



Principle 4

Acknowledges and respects local context

Unique context, strengths, challenges and needs of the school community are understood and responded to



Principle 5

Effective learning & support teams

School leaders build the capacity in the learning & support team to play a key role in personalising student support



Principle 6

Capacity building

The development of all stakeholders capabilities supports sustainable long term outcomes for students



Principle 7

Fit for purpose & culturally safe spaces

Families are welcomed as partners; students' rich cultural identity, languages and histories are celebrated and respected



Principle 8

Clear roles, responsibilities & documented agreements

Roles and responsibilities are identified, legal agreements are in place; approaches operate within the department's policies



Principle 9

Continuity of support

Funding and staffing commitments are sustainable, reliable technology is in place; planned school transitions are implemented



Principle 10

Evidence-based approach embedded

Planned and robust evaluation is embedded into approaches that support school planning and improvement

