English activities

Read

Read/watch a book together. Have students point to objects/words in the story. Draw a picture about the book



http://www.storylineonline.net

Sing

Sing songs or nursery rhymes. Play some music on youtube. Make up some actions.



Name writing

Have students make their name out of playdoh or pegs. Cut up letters and have students match it to their name



I spy

Play I spy with students. Have students find objects in a picture book. Play online games.



https://www.scholastic.com/ispy/ga mes/

Scavenger hunt

Give students a list of objects to find in the house or garden. You may want to use pictures so students can match.

Letter sorting activities

Sort magnetic letters by colour, letter, uppercase, lowercase.



https://fun-a-day.com/sorting-magnetic-letters

Magazines

Use old newspapers or magazines to cut out letters to make words.



games

Play games such as concentration, memory match and bingo.



Playdoh Letters

Use playdoh to make letters. Practise making the letters of the alphabet or letters in your name.



Tracing

Have students trace over simple shapes and lines using different coloured pencils or crayons or connect the dots.



Scrambled sentences

Cut up simple sentences and get students to match words to make sentences.



Typing

Practise your typing skills using the link below.



https://www.typingclub.com/

Maths activities

Sorting

Collect 10 different toys or objects. Practise counting your collection forwards and backwards. Sort them into categories such as colours, size, shape. Arrange them from tallest to shortest.



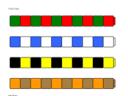
Calendar activities

Mark off days on the calendar. Talk about what day it is today, tomorrow and yesterday. Sort/match the days of the week. Discuss what the weather is like today. Draw a symbol to describe.



Patterns

Use an ice tray and objects such as buttons, beads to create a pattern. Have students copy the pattern or create one of their



Board games

Play a board game such as snakes and ladders. Have students count as they move their counter forward.



Coin sorting

Have students sort coins according to colour size and shape. Place a piece of paper over the coins and have students rub over them with a pencil or crayon.



Pouring and comparing

Pour rice/lentils into different sized containers. Compare which container has more or less. Do the same with water.



Playdoh

Make numbers out of playdoh. Make balls to represent each number.



Lego/Duplo

Build towers using blocks. Count the number of blocks, make different sized towers and compare.



Dice games

Use a die, objects for counting and a cup. Roll the dice and add objects to the cup. See who can fill the cup first. Try subtracting by removing objects from the cup.



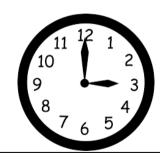
Shapes

Use wooden blocks or cut up paper towel tubes to dip in paint and make shape prints.



Clock

Make a clock using a paper plate. Talk about the numbers on a clock. Have students order the numbers 1-12 in a circle.



Cards

Play a card game such as uno.



Fine motor activities

Threading

Thread some pasta or beads onto string to make a necklace



Puzzles

Complete a jig-saw puzzle.



Bottle spray

Fill a spray bottle with water and go outside to spray so plants. Practise writing your name or drawing shapes.



Finger painting

Students create pictures using their fingers and hands.



Pipe cleaners

Use pipe cleaners to make shapes or write your name. Thread beads onto the pipe cleaners.



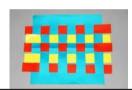
Straws

Thread straws into any objects that have holes e.g. colander. Cut up straws and thread onto string.



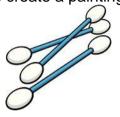
Weaving

Cut paper into strips and weave. Fold paper in half and cut slits in the fold. Weave strips into paper.



Cotton buds

Have students use cotton buds to create a painting.



Collage making

Tear up paper and stick to create a collage. Make a shape or rainbow collage.



Cutting

Practice cutting pictures out of newspaper or magazines.



Tweezers/chopsticks

Use tweezers or chopsticks to practise picking up different objects and moving them from one container to the other.



Pegs

Place pegs onto cardboard or around a plastic container such as an ice cream container.



Movement breaks

Balls

Use different sized balls. Throw and catch a ball with a partner. Throw them in the air and catch them. Roll them to a partner..



Yoga

Choose a clip from cosmic kids



http://www.cosmickids.com

Games

Play "Simon Says" and have children imitate your movements or respond to verbal directions e.g. jump up and down, spin around, hop on one leg.



Dance

Choose a clip from gonoodle or voutube.



https://www.gonoodle.com/

Obstacle course

Create an obstacle course e.g. crawl under a chair, through a tunnel, climb over cushions, roll on the floor.



Animal walks

Complete some animal walks Frog hops, bear walk, crab walk, kangaroo jump, flamingo walk.



Trampoline

Spend some time on the trampoline.



Fundamental movement skills

Practise some movement skills including hop, leap, skip and dodge



https://www.youtube.com/playlist?list=PLrOa7LNP0maWa6EPInkvHlk3VsBqhuMZq

Smiling minds

Choose a mildfulness activity to do on smiling minds.



https://www.smilingmind.com.au/

Balance activities

Practise balancing on one foot. Place an object such as a cushion on your head and practise walking.



Play a game

Go outside and play a game.



Skipping

Use a skipping rope to do some activity. Have an adult hold the rope while you jump over it.



Sensory activities

Water play

Fill a sink or bucket with water. Add food colouring. Use containers of different shapes and sizes for filling, emptying, comparing and pouring.



Shaving foam

Spray some shaving foam in a container or on the table. Have students draw pictures or shapes.



Rice tray

Pour some rice into a tray. Hide some objects in the tray for students to find. Use some food colouring to create different colours.



Gardening

Go outside and collect materials to create a sensory box. Include leaves, sticks, twigs and stones from the natural environment.



Oobleck

Make some Oobleck using recipe below.



https://www.questacon.edu.au/outre ach/programs/sciencecircus/videos/cornflour-slime

Sensory jars

Make a sensory jar using a plastic jar, glitter and glitter glue



Sand tray

Put some sand in a tray. Hide some objects in the tray for students to find.



Playdoh

Make some playdoh.
Roll the playdoh into balls using the palm of the hands facing each other.
Make different sized balls.



https://www.bestrecipes.com.au/recipes/no-cook-playdough-recipe/v7a0hvfx

Living skills activities

Baking

Bake a cake or some cookies with an adult. Share your favourite recipe with your teacher.



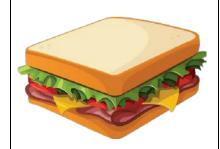
Fruit kebabs

Make some fruit kebabs for fruit break. Thread your favourite fruit onto skewers.



Sandwich

Choose your favourite filling to make a sandwich for lunch.



Set the table

Help an adult set the table for a meal.



Wraps

Make a wrap for today's lunch. Choose your favourite filling to put inside. Roll up and enjoy.



Vegetables

Choose your favourite vegetables to cut up for fruit break. Peel and wash the vegetables. Get an adult to help you cut them. Serve with your favourite dip.



Smoothies

Make a fruit smoothie for fruit break. Choose your favourite fruit and add some milk and ice in a blender.



Wash the dishes

Help an adult wash the dishes after a meal.

